

Chat Example: Tormented by Demons

COACH - 1:05:42 am -
Hi Sarah, how are you?

SARAH - 1:05:43 am
Hello

I'm not too bad, I guess.

Nothing I'm not used to

COACH - 1:06:25 am -
What brings you to chat?

SARAH - 1:06:34 am
I have been tormented by demons.

For several years.

COACH - 1:07:02 am -
I'm sorry to hear thsi.

this*

SARAH - 1:07:13 am
I dont really know how to be delivered. I've gone to prayer, but I haven't been healed.

Do you have experience with demons?

COACH - 1:08:10 am -
Nothing will help until you sincerely give your heart and life to Jesus, Sarah. He alone has the power to fight them and keep them away from you. Has anyone ever explained about Jesus and what it really means to follow Him?

SARAH - 1:09:38 am
Yes, I have given my life to Jesus. I have been baptized and I've received my first communion. I pray everyday and also read my bible. I put holy water before I go to sleep too. I've heard Jesus, I've talked to Jesus, I've seen demons and angels, but right now I'm more in a dark area and I'm unsure what is next.

COACH - 1:09:58 am -
What part of the Bible are you reading

SARAH - 1:10:15 am
I'm reading the New Testament, currently on the gospel of Matthew.

COACH - 1:10:43 am -
Good. Keep reading. You'll find that nothing you do saves you. Only Jesus has saved you--you don't earn anything from Him.

SARAH - 1:11:29 am
Could you please clarify what you mean by "You don't earn anything from him."? He has promised us eternal rest and salvation...

I believe my actions and following Jesus' laws saved me, correct? He has set commandments for humanity, so I'm pretty sure things I do will save me, since I get to determine if I want to go to heaven or hell...

COACH - 1:13:00 am -
Right He has but not because we earned that eternal rest and salvation. We are saved by what He did. If we say we have to do this thing or that thing or follow rules and stuff, what we're saying to Jesus is that what He did for us wasn't good enough--we have to help Him save us. That is not what He said or what the Bible tells us. Do you see?

SARAH - 1:15:15 am
Partially correct. Yes, what he did was enough to save us, but he never took away our free will. We get to decide whether we want to spend eternity with him or not, or else we would be robots. Yes, he is good enough, and he is so good that he still allows us to hurt him, and continuously forgives us.

If I believed in Jesus and knew he was God, prayed everyday, but committed sin when nobody was around, I wouldn't go to heaven, would I?

COACH - 1:16:20 am -
We have free will but when we commit our lives and hearts to Jesus, we enter into a relationship with Him and Him only. We do our part--not to be saved--we're already saved when we place our faith in Him and in what He did for us--but to grow closer to Him and stronger in our faith.

SARAH - 1:17:00 am

I hear Christians say "give your life to Jesus." What does that look like?

COACH - 1:18:03 am -

It means that He is who you follow and seek actively every day and every moment for everything you do. You talk with Him about everything in your life, like you'd talk with a best friend. You read the Bible to learn more and more about Him and how to live for Him. You spend time worshiping and serving with other believers and you tell others about Jesus.

SARAH - 1:18:53 am

In that case, I already gave my life to Jesus. Previously, you said I needed to give my life to Jesus to be delivered, why am I still tormented day and night?

COACH - 1:19:58 am -

Then you seek Him all the time. You make your thoughts captive as the Bible tells us because this is where satan really gets us by whispering lies into our ears. Have you read that part yet?

SARAH - 1:20:19 am

Could you please quote it?

COACH - 1:21:10 am (sent)

2 Corinthians 10:5 New International Version 5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. This takes work and practice but Jesus is there to help us.

SARAH - 1:21:50 am

Could you interpret this passage?

COACH - 1:23:35 am -

Demolish arguments--with the Word of God, the Bible, we can fight satan. We have to know what the Bible says and what it doesn't say. Remember how Jesus quoted Scripture at satan when He was tempted in the wilderness? Every pretension--that's any falsehood--lies that satan whispers in our ears. Again, we need to know what's in the Bible and what isn't so we know what's a lie and what's the true. And making your thoughts captive is a process. Would you like to know how to do that? It takes work and effort. It is not an instant fix.

SARAH - 1:24:37 am

I see, you're saying I'm believing the lies of the enemy. In that case, I've already discerned them and renounced them.

May I ask why you quoted this verse?

COACH - 1:25:07 am -

No, I don't think you're believing them but I think that's where all the junk is coming from. You asked me to quote it.

SARAH - 1:25:34 am

I meant could you explain why you chose that verse
I apologize for the confusion

COACH - 1:25:51 am -

Because that's where it says to make your thoughts captive.

SARAH - 1:26:37 am

So what is your suggestion?

I apologize if I'm being annoying, I'm genuinely curious.

COACH - 1:27:39 am -

To continue to seek Jesus by reading through all of the New Testament. Learn how to make your thoughts captive. I can help you with that. Talk with Jesus about this and ask Him to also help you find a Christian counselor or therapist to work with. Make sure that you are getting spiritual support from other believers.

SARAH - 1:28:23 am

Could you explain what it is to make your thoughts captive?

COACH - 1:29:01 am -

Yes, here is what you do. The first step is the most difficult so ask Jesus for His help but you STOP these thoughts the moment they start. Get out your Bible and fill your mind with good things. Memorize a verse or two to repeat until the unwanted thoughts are gone.

Philippians 4:13 is a good one: "I can do all things through Christ who gives me strength."

Then go and find something to do to get your mind off of this.

SARAH - 1:30:19 am

And what would I do if one of the entities stabs me?

COACH - 1:30:35 am -

Stabs you?

SARAH - 1:31:40 am

Yes, I stated earlier I struggle with demon torments. In case I wasn't clear, I struggle specifically with demonic oppression, which is the level just below possession. Demons physically take control over me, and there are also entities

Have you ever heard of demonic oppression?

COACH - 1:31:52 am -

Yes

SARAH - 1:32:53 am

I've been stabbed, grabbed, touched, and other things

COACH - 1:33:07 am -

Stabbed with what?

SARAH - 1:33:27 am

One time it was a knife, other times i'm unsure...

COACH - 1:33:35 am -

Why didn't you die?

SARAH - 1:34:05 am

Because they're just taunting, they can't kill me, since Jesus is protecting me.

COACH - 1:34:19 am -

Have you ever considered finding a Christian counselor, Sarah?

SARAH - 1:34:37 am

I have a priest who has been praying over me

It's been effective, but I'm interested in finding different points of views

COACH - 1:35:00 am -

That isn't working out very well. Why not find a Christian counselor who can help you with this.

SARAH - 1:35:12 am

A priest is Christian

COACH - 1:35:20 am -

Maybe;

SARAH - 1:35:39 am

It seems to me like you're very uninformed on spiritual warfare

COACH - 1:36:01 am -

Possibly which is why I'm encouraging you to find a Christian counselor or therapist to work with.

SARAH - 1:36:50 am

I appreciate your recommendations. I would love to inform you on spiritual warfare if you are interested. It is commonly misdiagnosed as some kind of mental illness.

Nowadays, spiritual attacks are very common, I do have a decent knowledge on it, provided by the Lord.

COACH - 1:37:29 am -

I'm not saying this is mental illness. I'm saying you need more than just a priest praying for you since that obviously isn't doing anything. I'm saying perhaps you should find a church that does deliverance ministry.

SARAH - 1:37:54 am

What denomination do you follow?

COACH - 1:38:28 am -

I don't. All denominations are man made I only follow Jesus and what He's told us in the Bible.

SARAH - 1:39:21 am

Fair, I have a question. Do you think practicing homosexuality is okay?

COACH - 1:39:55 am -

No, it is very clearly defined as a sin in the Bible. Read Romans chapter one.

SARAH - 1:40:46 am

Okay, another question. Do you think getting divorced is okay? What if your partner is abusive?

COACH - 1:41:43 am -

Jesus would never want us to stay in an abusive relationship. However, the Bible also says that God hates divorce. BUT this is not an unpardonable sin. I have been divorced. God has forgiven me. I am washed clean as all of us are when we repent and ask for forgiveness.

SARAH - 1:42:43 am

What about marriage vows? Also, what about the story of the woman at the well?

You're specially bound until death, are legal documents more powerful than God?

COACH - 1:43:52 am -

Marriage vows are to be taken very seriously. However, we are all sinners and that's why Jesus came here and gave us everything. When we repent, ask for forgiveness and follow Him, we are washed clean, we start to see how He sees things and we're made new creations in Him.

SARAH - 1:45:20 am

Feeling regret is a part of repenting, correct?

Regretting sin

COACH - 1:45:39 am -

Yes but it's a deep regret to the point that you don't ever want to repeat that sin.

SARAH - 1:46:11 am

So if you regret divorcing your husband, which is a sin so badly, and it hurts God so much

and your vows are to be taken very seriously

Why wouldn't you want to be with your husband to please God?
which is more important, yourself or God?

COACH - 1:47:45 am -

Because I don't regret divorcing him. I wasn't walking closely with Jesus when I married him so wasn't in His will at the time. THIS above all things, is what we should be focusing on and seeking daily--Jesus and His will in our lives. It will keep us from making the mistake in the first place.

SARAH - 1:48:19 am

So if you don't regret it, which is a main part of repentance, you haven't repented yet?

COACH - 1:48:37 am -

Yes, I repented of the fact that I wasn't following Jesus or His will.

SARAH - 1:49:07 am

So you repented of not following Jesus, but you haven't repented of your divorce?

COACH - 1:49:07 am -

Have you ever sinned, Sarah?

SARAH - 1:49:16 am

Yes I have.

COACH - 1:49:32 am -

Did you repent and turn away from that sin? But the sin still happened right?

So once you repent and are forgiven what does God tells us about that?

SARAH - 1:50:36 am

I have repented, I have wanted to undo my sin and fix the damage, but it's impossible, because I can do undo certain sins

For example, if I watched porn, I can't undo that

but if I divorced my husband,

COACH - 1:51:04 am -

He says that our sins are as far away as the east is from the west. Right? so stop harping on my divorce. You've sinned, I've sinned. God doesn't rank sins like we do. ONE sin separates us from Him but because of what He did for us, we can be reconciled with Him and have a relationship with Him and follow Him. How awesome is that?

SARAH - 1:51:35 am

I'm not trying to pick on you, I truly mean no harm

There is just something inside of you that has not been fixed...

COACH - 1:52:03 am -

Then let's drop that particular part of the subject. It is a done deal. It is between God and me. It has been fixed by what Jesus did for me.

SARAH - 1:52:16 am

How are you so certain?

Jesus dying on the cross is not an excuse to sin.

COACH - 1:52:30 am -

Because I know Him. He and I have a very close relationship.

SARAH - 1:53:08 am

Okay, changing the topic from your divorce

I would like to know how you're forgiven from sin? How does that work

COACH - 1:54:24 am -

2 Corinthians 10:5 New International Version 5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

Romans 10:9-11 That if you confess with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you confess and are saved.

SARAH - 1:55:29 am

That has nothing to do with Jesus having the ability to forgive sin

COACH - 1:56:23 am -

Tell me what you think.

SARAH - 1:56:34 am

I think you have poor quoting skills

COACH - 1:56:51 am -

Have a nice day, Sarah.