

Chat Example – Pornography, Woman

COACH 6:30:06 pm

Hello Jennifer !

Glad you came here to chat today

JENNIFER 6:30:23 pm

I'm a Christian yet I struggle with pornography by taking pictures of myself naked, but only I see- then delete.

Can you pray for me? I feel destructive inside but on the outside I feel as if I have not sin because I already spoke to Jesus

COACH 6:33:19 pm

Things take time to change after you become a Christian. It is brave of you to recognize this needs changed and reach out for guidance. I would love to pray for you

JENNIFER 6:33:40 pm

Thank you

COACH 6:33:48 pm

Your welcome Jennifer

But the Helper, the Holy Spirit whom the Father will send in My name, He will teach you all things, and remind you of all that I said to you. John 14:26

Father God.... thank you for the Holy Spirit

Thank you that you led Jennifer to come chat today

JENNIFER 6:36:04 pm

How old are you because I want to open up about something I've never opened up to

Thanks

COACH 6:37:37 pm

Father I appreciate your grace and your love for us and we thank you that you are patient with us while the Holy Spirit works on us. Help me to press into you and lead me far away from temptation and sin in Jesus name
Amen

Jennifer what would you like to open up about? I am here to listen

JENNIFER 6:38:17 pm

Thoughts came to me to imagine becoming a pornstar last month when I was in isolation and it's when I started to take pictures of myself naked

COACH 6:40:03 pm

Jennifer it is normal for inappropriate thoughts to cross our mind, but the key is to let the thought go and fill your mind with the word of God . When is the last time you read the Bible?

JENNIFER 6:41:29 pm

I read the Bible everyday, pray before reading and media in it. Yesterday I learned that imagination is a sin in 2 Corinthians and it's true because throughout boredom in my life I always used imagination to cheer myself up, make me feel better, as if I'm living
And imagination leads to sin

COACH 6:44:09 pm

2 Corinthians 10:5 casting down imaginations and every high thing that exalts itself against the knowledge of God, bringing every thought into captivity to the obedience of Christ,
Imagination isn't a sin unless you are using it to imagine bad things
Fix your thoughts on good things when a bad thought crosses your mind

JENNIFER 6:45:37 pm

I read it in the Bible last night and yes that is true, it's in 2 Corinthians and yes the Bible says pure thoughts

COACH 6:46:56 pm

We all have bad thoughts you are not alone in that Jennifer. God loves you remember we have all sinned and fallen short . This is exactly why we need Jesus as our savior. None of us can be perfect but God asks that you work on improving and he sends the Holy Spirit to help you with that.

JENNIFER 6:47:26 pm

Yes always thank you that is so helpful.

COACH 6:48:43 pm

Your welcome Jennifer!
I have a website with some resources to help with pornography

JENNIFER 6:49:11 pm

I ignore every bad thought and just keep talking to Jesus. I suffer with a spirit of obesity, I've gained weight,

I would love to check out your website please! Honestly it makes me cry

COACH 6:50:09 pm

<https://www.focusonthefamily.com/marriage/resources-to-help-you-fight-pornography-addiction/>

JENNIFER 6:50:23 pm



Thank you

COACH 6:50:25 pm

For Women <https://sherecovery.com/>
<https://www.covenanteyes.com/>

Your welcome ! Those will help to give you some support on the journey. Self-control is something that takes time to work out and discipline. Pray, keep reading the Bible and it will get better with time. Both the obesity and thought patterns.

JENNIFER 6:53:30 pm

Yes of course! I wish I was rich but I believe God saves me from so many worldly things the enemy can lead me to, so I feel like everything in my life is going slow in abundance.

COACH 6:55:34 pm

lol I can agree sometimes things change much slower than we would prefer. God's thoughts and ways are higher than ours and it's comforting to remember that when we are saved by Jesus Christ that God works out everything for our good :)

JENNIFER 6:58:54 pm

Yes amen helps me so much your so sweet! I needed someone to say that to me feeling like a friend. I have no friends right now, my only best friend is Jesus the one I tell everything to, other than that I have a Christian friend who got converted to Christ the same time I accepted Jesus in my heart and life and now she's a prophet and goes to church that had college education and she has so much spiritual support where she goes to groups with girls the same age as her, she lives far from me but if I tell her something I don't want to feud her up as just pray because I know she'll be angry with me if I open up to something I've been struggling. But you have been like a friend to me and that's the goal, to be there as brothers and sisters

God bless you and I pray God blessed you more and gives you wisdom to respond with the word of God through his wisdom and you are protected



from so many you may be revolves around, in Jesus name ... amen
With lots of love sister

COACH 7:00:57 pm

Jennifer I am so glad I could be that for you! Thank you so much for the prayer. You are welcome to come on here and chat anytime you need an outlet. Have an awesome night Jennifer!